

Another Way, Inc. Annual Report 2021-2022 Fiscal Year

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Annual Report for July 1, 2021 through June 30, 2022 Serving the Commonwealth of Pennsylvania

Governing Board Members:

David Herring, President
Yolanda Defino, Secretary
Dawn Rice
Marsha George

Introduction

Our mission at Another Way, Inc. is to Provide a 5-6 Month residential halfway house program in which chemically dependent men can reorganize their lives with a view towards an independent lifestyle. Our primary purpose is to help the recovering person continue the process started in their rehabilitation program while simultaneously providing direction and guidance to aide them in making a smooth transaction into mainstream society.

We will provide groups, address living skills, address co-occurring issues, and use solution focused treatment. We also refer to local community based agencies and programs to assist us in fulfilling this mission. Clients will be expected to continue involvement in AA/NA to enhance their recovery experience. Another Way, Inc. focuses on intense counseling in an intimate setting. We believe improved self-esteem, positive mental attitude and addressing the mind, body and spirit will lead clients to a firm foundation to live life without active addiction.

Demographics and Outcomes

This year we served 72 men. We had 28 completes, 23 left against medical advice, 20 were therapeutic discharges, 1 was discharged due to legal issues this fiscal period. Outside agencies we worked with this past year include: Chestnut Ridge Counseling Services, Adagio Health, Positive Recovery Solutions, Greene Tx Facility, Crime Victims, Produce to the People, Central Outreach, Fayette Legal Aide, Fayette Department of Health, Careerlink, Fayette County Community Action Agency, Spring Valley, Bruderhof, St. Joan of Arc, Private Industry Council, Southwestern Pennsylvania Human Services (SPHS), Mountain Laurel Medical Center, Salvation Army, and Office of Vocational Rehabilitation Center.

Another Way, Inc. continues to maintain membership with local drug and alcohol providers. We continue to pursue the application process for membership in various managed care networks whenever possible. In this fiscal Year we extended our contracts with Community Care Behavioral Health (CCBH), PerformCare (PC), Beacon Health Options and the following counties: Armstrong/Indiana Clarion, Beaver, Blair, Butler, Clearfield/Jefferson, Crawford, Fayette, Greene, Lawrence, Mercer, Somerset, Tioga, Washington and Westmoreland.

Another Way, Inc. for Men continues to utilize various leisure activities in the community. Some activities include outside speakers, bowling, various state and local parks, including Ohiopyle and the Beach at Yough Dam in Confluence, Jumonville teambuilding, and Fort Necessity. We transported clients to AA/NA functions and special celebrations to help them build social skills and recovery relationships. To increase our rapport in the community we volunteered Buckwheat Festival, local churches, the and the Produce for the People Food Bank. We assisted Mountain Laurel Medical Center distributing food. The gentlemen volunteered at St. Joan of Arc, Mt. Macrina, Fresh Fire Church, and New Life Covent with ground clean up. We sent 100 cards to the veterans at Christmas. We volunteered at road clean up with Bitter Sweet Café.

We worked closely with Foot Print Farms. We toured the farm and had a picnic. He offered paid pilot program with clients.

Due to the pandemic we have been able to offer clients to get vaccines through CVS. We continue to have maintenance due daily sanitations.

Clients were able to increase their education through Private Industry Council and GED classes. Local area colleges were available if individuals wished to participate in college level classes. In order to maintain our behavioral techs and therapist we utilized employment boards at two local post office to replace workers. We also used the local Careerlink to search and post job ads. We have been using Indeed to place ads. We also have handed out flyers at events and handed out flyers at the foodbank.

We have our medical director Cristina Klink come in once a month and present to the residents varied medical concerns while in treatment. We encourage the clients to address medical conditions and refer clients at this time to Urgent Care Cherry Tree, Med Express or Uniontown Hospital. We have gained contact with Dr. Wilhelm which is located in Farmington and she has been helpful in seeing clients. Chestnut Ridge Counseling handles all co-occurring issues. Mountain State Dermatology handles all dermatological issues. We encourage clients to receive Hepatitis, HIV and STD testing at Adagio Health and the local Health Department. The clients were offered nutrition classes through Penn State, Tobacco Cessation Classes through Fayette County Drug & Alcohol Prevention, Positive Recovery Solutions offer residents on Vivitrol and other Medical assisted therapy. Central Outreach offers education on STD, HIV and Hep C. They have offered clients that are Hep C positive to get medication to reverse the effects.

Another Way, Inc. utilizes various sober housing options throughout the local and surrounding areas. We are working with three new sober houses that opened in the area.

Monthly each client participates in the Jumonville Ropes Course, a clinical as well as recreational experience. The clients attended 12 Step Meetings throughout the county and nearby areas.

We continue the Horticulture program at Another Way. At this time we have received 100's of seeds from various seed distributors. The Horticulture Program continues to provide clients with a rewarding

hobby and also supplements the food program with nutritious items. We have the raised beds to grow vegetables. He also planted some trees in the area.

We have been working with Office of Vocational Training. He was able to assist clients in gaining knowledge of schooling. He also provided resources needed for work. He was able to complete the paperwork on provide Fayette Area Transportation Certificates.

We have hosted Dad's Matter they review with the resident's morals and values of being a father. They offer a 6-week class with incentives with out residents.

The men's program was worked on improving the facility in the following ways: We had painted the kitchen to give it a new look. We had the parking lot paved. We had the bridge inspected and painted. We had the bed rooms client and painted after ever client leaves. Painted the quite room. Replaced B-wing shower, Replaced the couches in the siting room, replaced kitchen Table, Grease Trap was added to protected the sewer mound. Bird Houses were replaced with new ones. The front deck was painted.

We worked with Greene Treatment Center to offer Medical Assisted Therapy. She assisted in educating staff and developing policies to provide effective continuum of care.

Another Way, Inc.'s Therapeutic program includes:

Individual Treatment Planning Pet Therapy

Individual/Group/Family Counseling Horticulture Therapy

Physical Fitness/Wellness Program Educational Groups

Addiction/Mental Health Education Sober Fun

Medical Management Education Ropes Course

Psychiatric Evaluation by Staff Psychiatrist Family Activities

Life Skills Training 12 Step Groups

Art/Music Therapy Relapse Prevention

Addiction/ Mental Health Screening Assertiveness Training

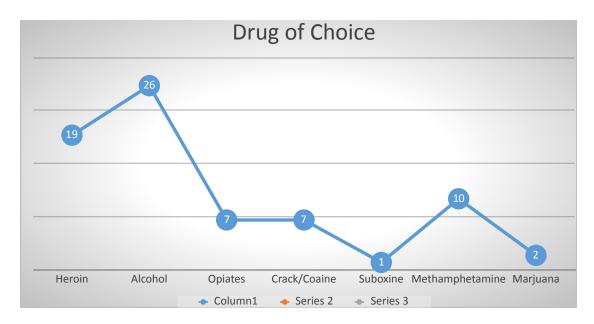
Access to Recovery Support System/Peer Group Career Counseling

Collaboration/Coordination with Community Service Agencies to provide Specialized Treatment

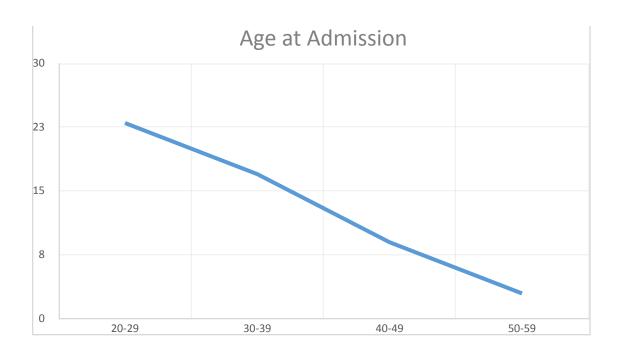
Outreach

Another Way, Inc. continues to build relationships with local outside agencies to help meet client needs. Clients have been working with various local businesses at discharge to gain employment such as: Nemacolin, Perkins Painting Company, local saw mills, His and Hers Farms, Steve Wright and Associates, Clay Winery, Ohiopyle Printers, restaurants including Bitter Sweet, Fat Angelo's. An OVR representative has spoken to clients about possible services available. Careerlink has assisted clients in resume writing and use of their computer system to post resumes online and complete job searches. The local Medical Assistance Office has assisted clients to ensure that proper documentation is provided for benefits to be processed correctly. Adagio Health has provided preventive and screening services to our residents concerning HIV/AIDS, Hepatitis and STDs. Community Action has provided numerous resources to our clients while in treatment and upon discharge. The clients enjoy and gain insight into core issues at Jumonsville Ropes Course. St. Vincent de Paul offers clothing to the

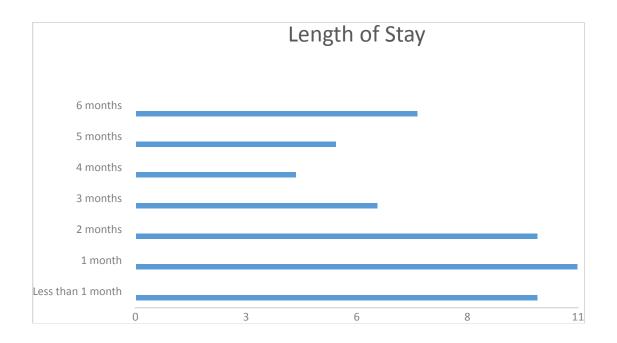
clients for interviewing and job uniforms. Private Industry Council provides GED classes and Employment Options for Residents. Central Outreach offered STD, HIV, HEP C testing and education. Office of Vocational Rehabilitation employment options and schooling options. Positive Recovery Solutions presents the use of Medical Assisted Therapy and dispenses vivitrol.



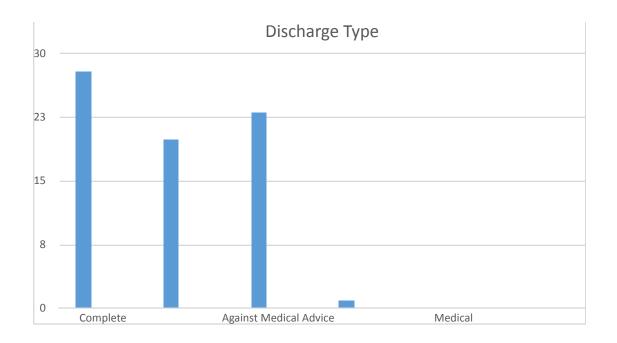
Heroin19Alcohol26Opiates7Crack/Cocaine7Suboxone1Methamphetamines10Marijuana2



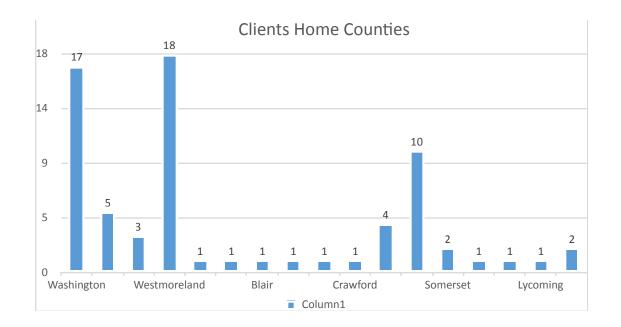
21-29 years old	23	44%
30-39 years old	17	33%
40-49 years old	9	17%
50-59 years old	3	6%



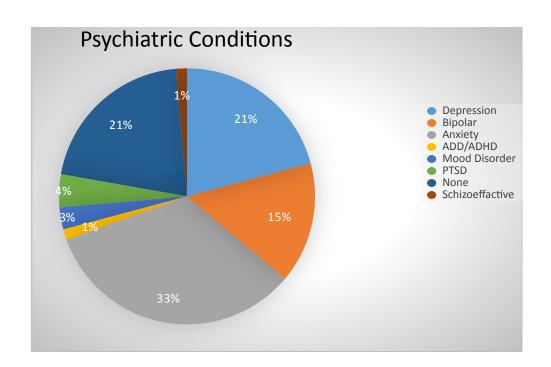
Less than 1 month	10
1 month	11
2 months	10
3 months	6
4 months	4
5 months	5
6 months	26



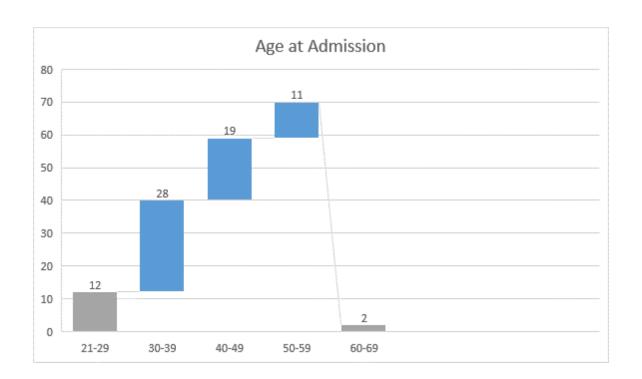
Complete	28
Administrative	20
AMA	23
Medical	0
Legal	1



Washington	17	Somerset	2
Greene	5	Dauphin	1
Lancaster	3	Clarion	1
Westmoreland	18	Cumberland	1
Armstrong/Indiana	1	Lycoming	1
Beaver	1	Bedford	2
Blair	1		
Butler	1		
Cambria/Clinton	1		
Cameron/Elk/McKean	1		
Crawford	1		
Erie	4		
Fayette	10		



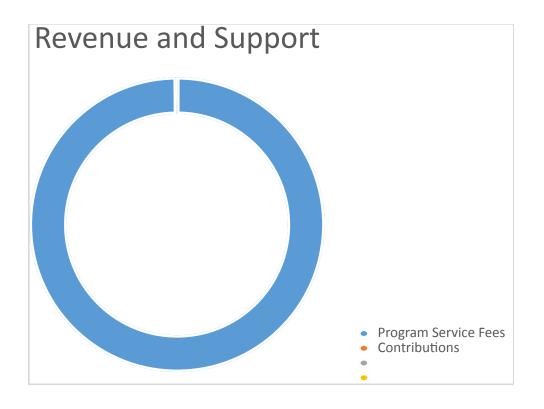
Depression	15
Bipolar	11
Anxiety	24
ADD/ADHD	1
Mood Disorder	2
PTSD	3
None	15
Schizoaffective	1



Age 21-29	12
Age 30-39	29
Age 40-49	19
Age 50-59	11
Age 60-69	2



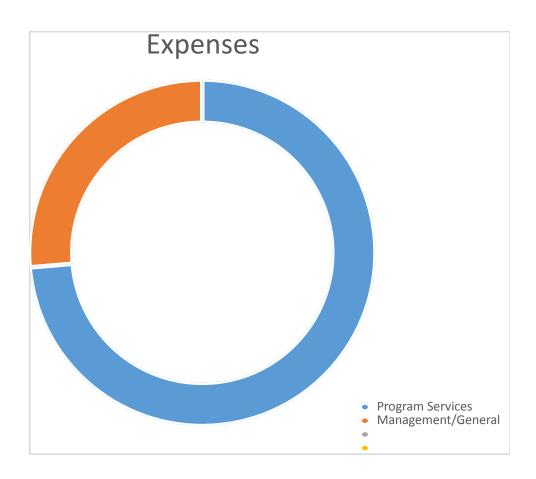
Financial Highlights



Program service Fees Contributions \$1,039,475.75 \$1,400.00

Total

\$1,040,875.75



Program Services \$616,980.91 Management/General \$220,681.81

Total \$837,662.72

Net Income: \$203,213.03