

Another Way, Inc.
Annual Report
2022-2023 Fiscal Year

708 Nelson Road
Farmington, PA 15437
724-329-7900

Annual Report for July 1, 2022 through June 30, 2023

Serving the Commonwealth of Pennsylvania

Governing Board Members:

David Herring, President

Yolanda Defino, Secretary

Marsha George

Angela Kern

Dawn Rice

Introduction

Our mission at Another Way, Inc. is to Provide a 5-6 Month residential halfway house program in which chemically dependent men can reorganize their lives with a view towards an independent lifestyle. Our primary purpose is to help the recovering person continue the process started in their rehabilitation program while simultaneously providing direction and guidance to aide them in making a smooth transaction into mainstream society.

We provide groups, educational lectures and address living skills, along with co-occurring issues, and use solution focused treatment. We also refer to local community based agencies and programs to assist us in fulfilling this mission. Clients will be expected to continue involvement in AA/NA to enhance their recovery experience. Another Way, Inc. focuses on intense counseling in an intimate setting. We believe improved self-esteem, positive mental attitude and addressing the mind, body and spirit will lead clients to a firm foundation to live life without active addiction.

Demographics and Outcomes

This year we served 72 men. We had 29 completes, 16 left against medical advice, 15 were therapeutic discharges, and 1 was discharged due to legal issues this fiscal period. Outside agencies we worked with this past year include: Western PA Behavioral Health, Chestnut Ridge Counseling Services, Adagio Health, Positive Recovery Solutions, Greene Tx Facility, Outpatient Addiction Recovery, Crime Victims,

Produce to the People, Central Outreach, Fayette Department of Health, Careerlink, Office of Vocational Rehab, Fayette County Community Action Agency, Spring Valley, Broderhof, Fresh Fire Church, St. Joan of Arc, Private Industry Council, Southwestern Pennsylvania Human Services (SPHS), Mountain Laurel Medical Center and Salvation Army

Another Way, Inc. continues to maintain membership with local drug and alcohol providers. We continue to pursue the application process for membership in various managed care networks whenever possible. In this fiscal Year we extended our contracts with Community Care Behavioral Health (CCBH), PerformCare (PC), Carelon Health Services and the following counties: Armstrong/Indiana Clarion, Fayette, Erie, Beaver, Blair, Butler, Clearfield/Jefferson, Crawford, Fayette, Greene, Lawrence, Mercer, Somerset, Tioga, Washington and Westmoreland.

Another Way, Inc. for Men continues to utilize various leisure activities in the community. Some activities include outside speakers, bowling, various state and local parks, including Ohiopyle and Laurel Hill State Park and the Beach at Yough Dam in Confluence, Jumonsville teambuilding, and Fort Necessity State Park . We went to Pittsburgh Zoo for a fun recovery day. We also attended the 911 Memorial. We attended a day at the Pittsburgh Steelers Training Camp. We rented the pool at Jumonsville and had a pool party.

We transported clients to AA/NA functions and special celebrations to help them build social skills and recovery relationships. To increase our rapport in the community we volunteered at the Buckwheat Festival, local churches, and at the Produce for the People Food Bank and clothing bank. The gentlemen volunteered at St. Joan of Arc, Mt. Macrina, Fresh Fire Church, and New Life Covent with grounds clean up.

For Arbor Day we cleaned the roads from Ohiopyle State Park to Bitter Sweet Café. We sent 100 cards to the Veterans at Christmas.

We continue to work with various business to offer our clients employment. We work with Ohiopyle Prints which does printing. We worked closely with Foot Prints Farm and His and Her Farms. We also picked grapes at the Clay Winery. We started a new pilot program with JK Packing working with packing produce. We had several clients work at Nemaquin Resort.

This year we have been working with United Bank which provides our residents with second chance banking. We also work with Somerset Trust and First National Bank.

Clients were able to increase their education through Private Industry Counsel and GED classes. Local area colleges were available if individuals wished to participate in college level classes. One client was enrolled in College online.

In order to maintain our behavioral techs and therapists we utilized employment boards at two local post offices to replace workers. We also used the local Careerlink to search and post job ads. We have been using Indeed to place ads. We also have handed out flyers at events and at the foodbank.

We have our medical director Cristina Klink come in once a month and present lectures to the residents on varied medical concerns while in treatment. We encourage the clients to address medical conditions and refer clients at this time to Urgent Care, Cherry Tree, Centerville Clinic, Dr. Talaman, Med Express or Uniontown Hospital. We have gained contact with Dr. Wilhelm, which is located in Farmington and she has been helpful in seeing clients. We are working with Western PA Behavioral Health, which handles all co-occurring issues. Clients

wanting more extensive mental health services can also attend therapy at Chestnut Ridge Counseling in addition to Western PA Behavioral Health. Mountain State Dermatology handles all dermatological issues. We encourage clients to receive Hepatitis, HIV and STD testing at Adagio Health and the local Health Department. Central Outreach provides all treatment for Hep C free of cost to our clients. The clients are offered nutrition classes through Penn State and Tobacco Cessation Classes through Fayette County Drug & Alcohol Prevention.

Positive Recovery Solutions offer residents on Vivitrol and other Medical Assisted Therapy. Fayette Drug and Alcohol offers education on Narcan and provides Narcan to residents that request it. Green Treatment Center is providing Methadone to our residents that request it. Outpatient Addiction Recovery Specialist provide Suboxone and Sublocade to the residents that request it.

Another Way, Inc. utilizes various sober housing options throughout the local and surrounding areas. We are working with several recovery houses: Hopwood House, Hope House, Serenity Ridge and Steve's Sober House.

SPHS and Fayette Drug and Alcohol provided Certified Recovery Specialist services to the residents. They assisted with housing, IDs, Clothing, and Transportation Resources.

Monthly each client participates in the Jumonville Ropes Course, a clinical as well as recreational experience. The clients attended 12 Step Meetings throughout the county and nearby areas. Clients are able to attend various church services and also have the ability to attend on-line services.

We continue the Horticulture program at Another Way. The raised beds were increased in number and size. The Horticulture Program

continues to provide clients with a rewarding hobby and also adds to the food program with nutritious items. We have the raised beds to grow vegetables.

We have been working with Office of Vocational Training. They were able to assist clients in gaining knowledge of schooling. They also provide resources needed for work and complete the paperwork to provide Fayette Area Transportation Certificates. This year OVR was able to provide gentlemen with clothing and shoes that they need to make employment easier.

We have hosted Dad's Matter classes for several years. This program encourages dads to be the BEST that they can be and consists of services using evidence-based curricula to encourage Responsible Fatherhood, Healthy Marriage/Relationships, Economic Stability, and Workforce Trainings to improve employment skills and attain job certifications.

Another Way has a maintenance worker for upgrades and has outsourced many projects to enhance the physical plant: Front Porch was re-painted, fence around ponds was mended, added a new dining room table, sewer was inspected and upgraded, bedrooms were painted and floors redone. The Bathroom showers were upgraded.

Another Way, Inc.'s Therapeutic program includes:

Individual Treatment Planning

Pet Therapy

Individual/Group/Family Counseling

Horticulture Therapy

Physical Fitness/Wellness Program

Educational Groups

Addiction/Mental Health Education

Sober Fun

Medical Management Education

Ropes Course

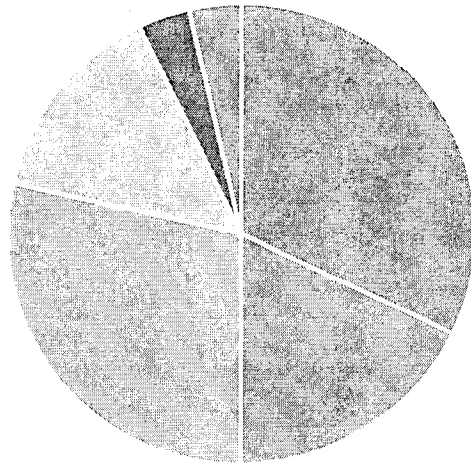
Psychiatric Evaluation by Staff Psychiatrist	Family Activities
Life Skills Training	12 Step Groups
Art/Music Therapy	Relapse Prevention
Addiction/ Mental Health Screening	Assertiveness Training
Access to Recovery Support System/Peer Group	Career Counseling
Collaboration/Coordination with Community Service Agencies to provide Specialized Treatment	

Outreach

Another Way continues to provide outreach to various local programs. We also provide workforce to various local business. We attended the Fayette Drug and Alcohol Walk and provided information on addiction to the community. Another Way attended several community meetings related to addiction and recent overdoses. Another Way gained support of Moving Mountains, the drug education speakers at the Community Center in Markleysburg. We assisted them with an egg hunt for the community to provide families with much needed resources. We attended the Light Up Recovery Event at Uniontown Highschool football field.

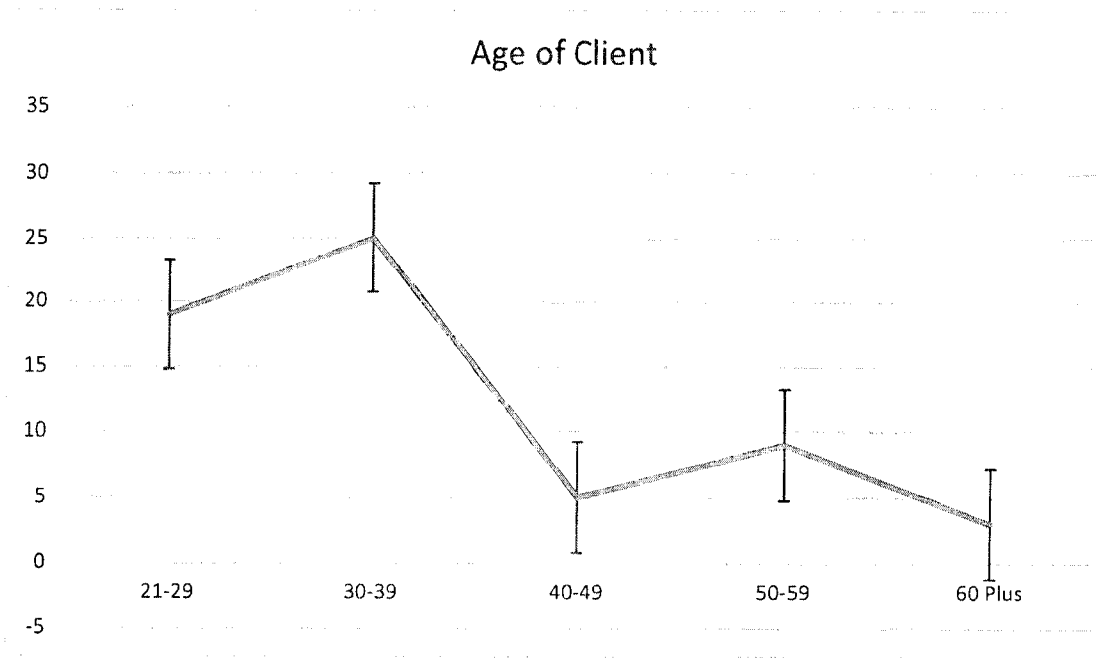
Another Way continues to work on ASAM alignment which is a recent requirement. At this time staff is being trained by Train to Change. Our techs and therapist are working to get certified with PA Certification Board.

Drug of Choice



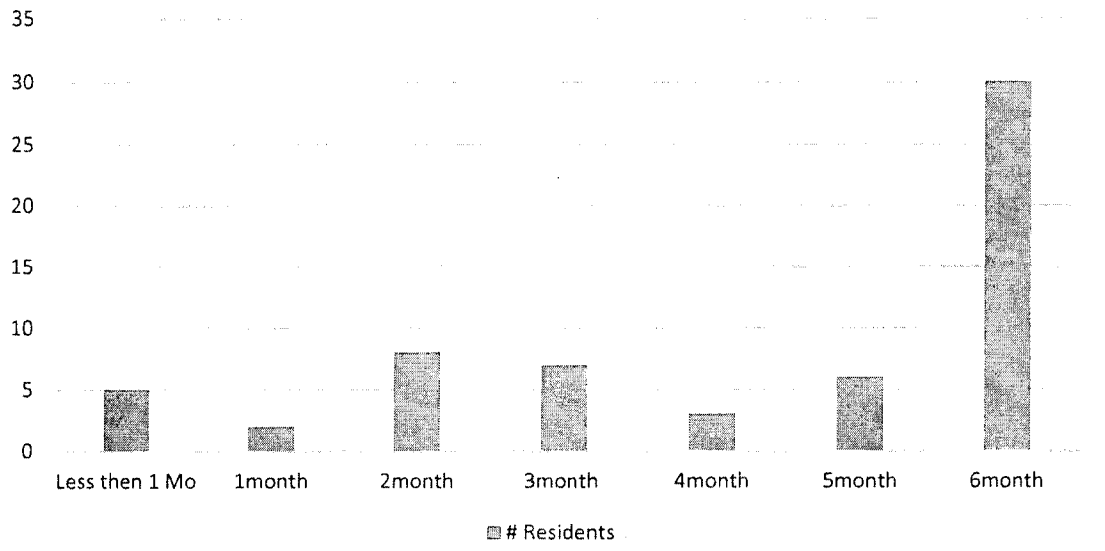
Alcohol Heroin Methamphetamine Crack/Cocaine Marijuana Speedballs Opiates

Heroin	10
Alcohol	18
Opiates	5
Crack/Cocaine	8
Methamphetamines	16
Marijuana	2
Speedball	2



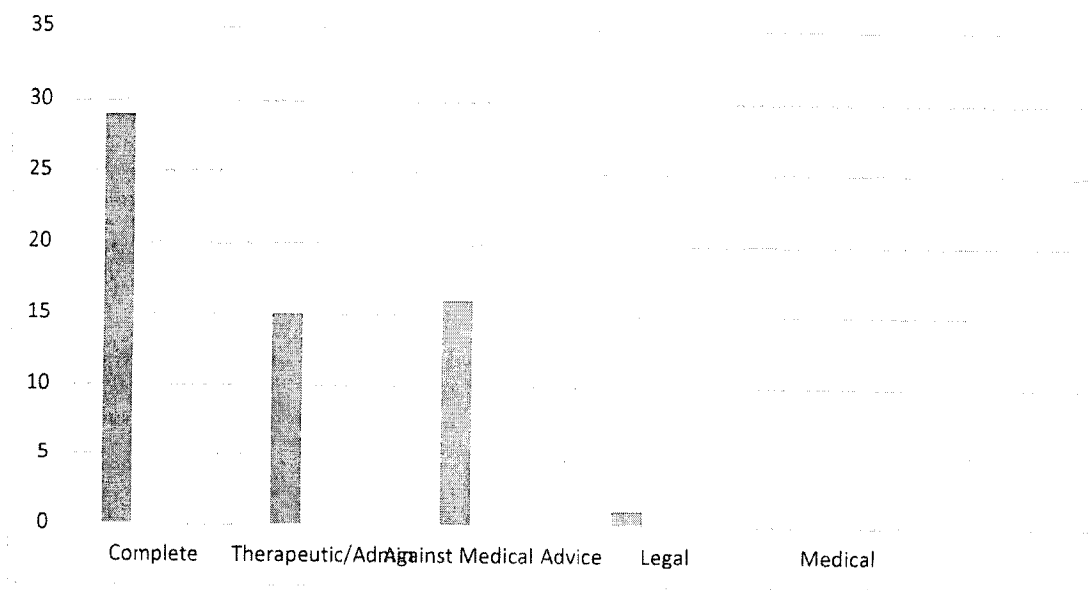
21-29 years old	19
30-39 years old	25
40-49 years old	5
50-59 years old	9
60 Plus	3

Length of Stay



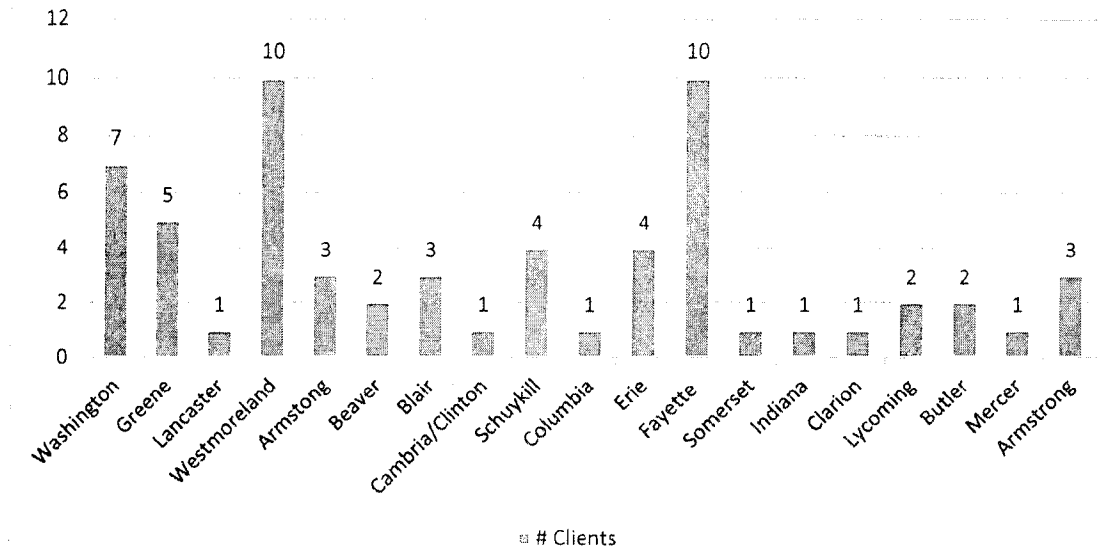
Less than 1 month	5
1 month	2
2 months	8
3 months	7
4 months	3
5 months	6
6 months	30

Discharge Type



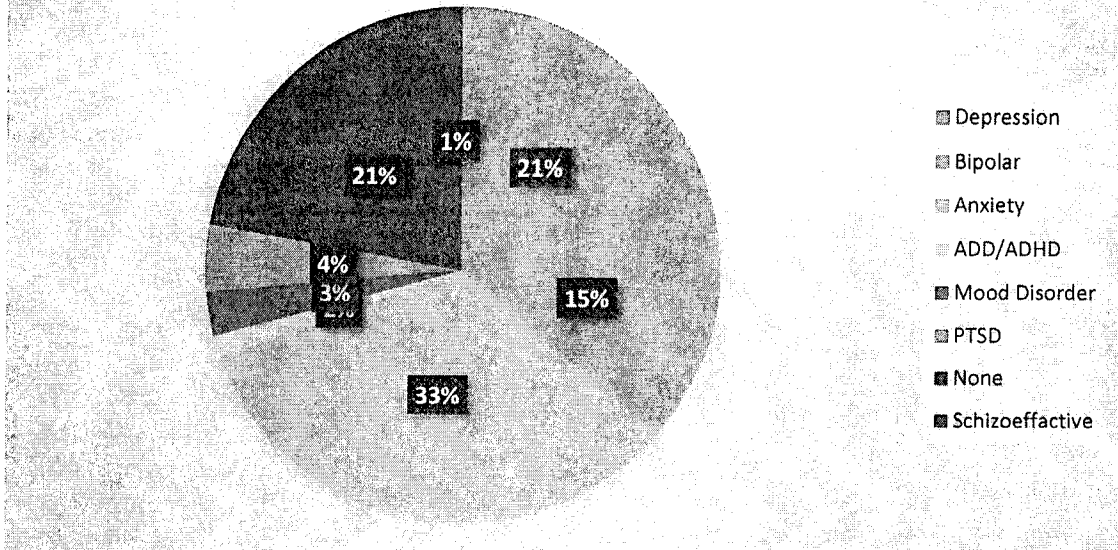
Complete	29
Administrative	15
AMA	16
Medical	0
Legal	1

Clients Home Counties



Washington	7	Somerset	1
Greene	5	Indiana	1
Lancaster	1	Clarion	1
Westmoreland	10	Butler	2
Armstrong	3	Lycoming	2
Beaver	2	Mercer	1
Blair	3	Armstrong	3
Butler	2		
Cambria/Clinton	1		
Schuylkill	4		
Erie	4		
Fayette	10		

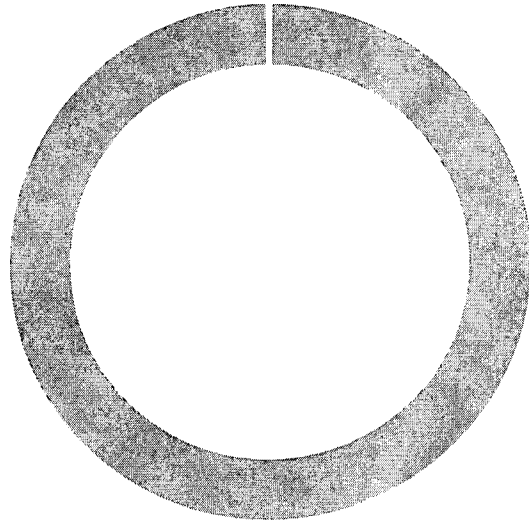
Psychiatric Conditions



Depression	15
Bipolar	11
Anxiety	24
ADD/ADHD	1
Mood Disorder	2
PTSD	3
None	15
Schizoaffective	1

Financial Highlights

Revenue and Support

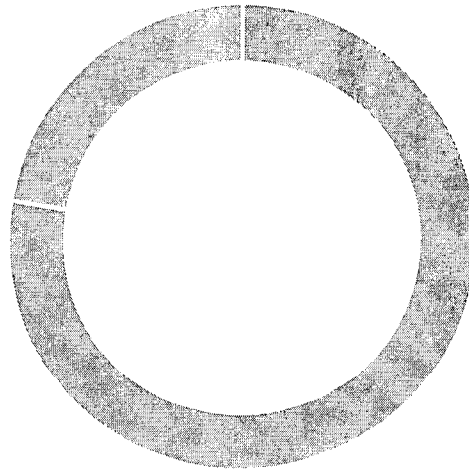


■ Program and Service Fees

■ Contributions

Program and Service Fees	\$1,035,119.04
Contributions	\$1,400.00
Total	\$1,036,519.04

Expenses



- ▣ Program Sevices
- ▣ Management/General

Program Services	\$671,406.39
Management/General	\$192,731.49
Total:	\$864,137.49
Net Income:	\$1,514,626.62